



**Woodland R-IV District School Nurse
Permission for Dispensing OTC Medications at School**

Dear Parent/Guardian,

There may be times while your child is at school when minor injuries, aches, pains or other symptoms occur that may require the administration of over-the-counter medication. When possible, a parent/guardian should administer medication at home *prior* to arrival at school to prevent disruption in classroom instruction. No medication will be given at school unless absolutely necessary and other avenues have proven ineffective for relief. If your child requires a larger dose than prescribed for the school by a local physician, you will need to provide the medication. ***If your child has been prescribed an EPI-PEN or albuterol you MUST provide the school with an EPI-PEN or albuterol for use at school and contact nurse for specific physician forms.***

Please check box beside medication listed. If you have any questions or concerns, feel free to contact the nurse's office at 238-2822, ext. 413 or 440.

OK to give	Do NOT give	Medication
		Acetaminophen Regular Strength (Tylenol or generic substitute) <ul style="list-style-type: none"> 34-95 lbs.: Given per MD orders and medication bottle guidelines 95lbs. +: 1 or 2 regular (325 mg) tablets.
		Ibuprofen (Advil, Motrin, or Generic) 200 mg tab or 100mg/5ml (Children's liquid) <ul style="list-style-type: none"> 12+: 1-2 tabs every 6-8 hours Under 12: Given per MD orders and medication bottle guidelines
		Benzocaine (Orajel or generic toothache substitute) <ul style="list-style-type: none"> Toothache or mouth irritation—apply small amount to affected area as needed.
		Benadryl (diphenhydramine) Antihistamine-25mg tab (regular) or 12.5mg/5ml (liquid) <ul style="list-style-type: none"> Age 6-12: 12.5mg-25 mg Age 12+: 25 mg-50 mg
		Antacid/Anti-gas tablets (Tums or generic substitute) <ul style="list-style-type: none"> Chew 1-2 tablets for acid indigestion, heartburn, stomach ache, or gas.
		Bismuth Subsalicylate (Pepto Bismol or generic substitute) <ul style="list-style-type: none"> Given per MD orders and medication bottle guidelines
		Albuterol Sulfate Inhalation Solution, 0.083% (Nebulizer) <ul style="list-style-type: none"> 1 vial -- 2.5 mg/ 3 mL Inhalation via nebulizer every 6 hours as needed
EpiPen Jr-0.15 mg or EpiPen-0.30mg (Epinephrine) Auto Injector if has allergic reaction <ul style="list-style-type: none"> For <i>severe</i> allergic EMERGENCY (anaphylaxis) Breathing difficulty, wheezing, rising anxiety, chest palpitations An EpiPen will be given unless a parent/guardian speaks with a nurse directly about administering this medication. This is for EMERGENCIES and warrants and automatic EMS call with transportation to a local hospital. <i>IF YOUR CHILD HAS ALREADY BEEN DIAGNOSED WITH A SEVERE ALLERGY AND AN EPI PEN HAS BEEN PRESCRIBED BY A DOCTOR-YOU MUST PROVIDE THE SCHOOL WITH THE EPI PENS.</i> 		

IF THIS FORM IS NOT SIGNED AND RETURNED TO SCHOOL, YOUR CHILD WILL NOT BE GIVEN ANY MEDICATIONS

Updates to OTC Medications: ***Over the counter (OTC) medications have a daily dose limit of 1 per day. The nurses will not administer OTC medications prior to 9:30 AM and after 2:30 PM. This is to insure that students do not receive an overdose of medication when parent/guardian contact is not available. ***

Students will be restricted on the total number of doses of medications that will be given out during a semester. Students will only be given 10 doses of OTC medication per semester. Any doses beyond this amount will require an order from the child's Physician. Student's requiring long term use of OTC medications (longer than 3 days) will require an order from the child's physician.

Name of Student _____

Signature of Parent/Guardian _____

Date _____ Teacher/Grade _____